

2023年度

年間指導計画表(青森県立八戸高等学校 卓球部)

※原則週1日以上の休業日の確保しながら、年間で104日(平均して週2日)以上程度の休業日を設けています

実施状況 1: 週休日・祝日の活動日(振替休業等での活動日) 2: 休業日(振替休業日での休業日) 3: 平日活動日 4: 平日休業日

年間 週休日・祝日合計 133 日 「1」の計 55 日 「2」の計 78 日 平日の計 232 日 「3」の計 149 日 「4」の計 83 日 「2+4」の計 161 日

Month 4 calendar grid showing days of the week, activity counts, and notes for April.

Month 5 calendar grid showing days of the week, activity counts, and notes for May.

Month 6 calendar grid showing days of the week, activity counts, and notes for June.

Month 7 calendar grid showing days of the week, activity counts, and notes for July.

Month 8 calendar grid showing days of the week, activity counts, and notes for August.

Month 9 calendar grid showing days of the week, activity counts, and notes for September.

Month 10 calendar grid showing days of the week, activity counts, and notes for October.

Month 11 calendar grid showing days of the week, activity counts, and notes for November.

Month 12 calendar grid showing days of the week, activity counts, and notes for December.

Month 1 (Jan) calendar grid showing days of the week, activity counts, and notes for January.

Month 2 (Feb) calendar grid showing days of the week, activity counts, and notes for February.

Month 3 (Mar) calendar grid showing days of the week, activity counts, and notes for March.